

MEMOIR
"WHERE LIGHT BLEEDS THROUGH"
AUTHOR MELISSA SAULNIER

MEDIA KIT

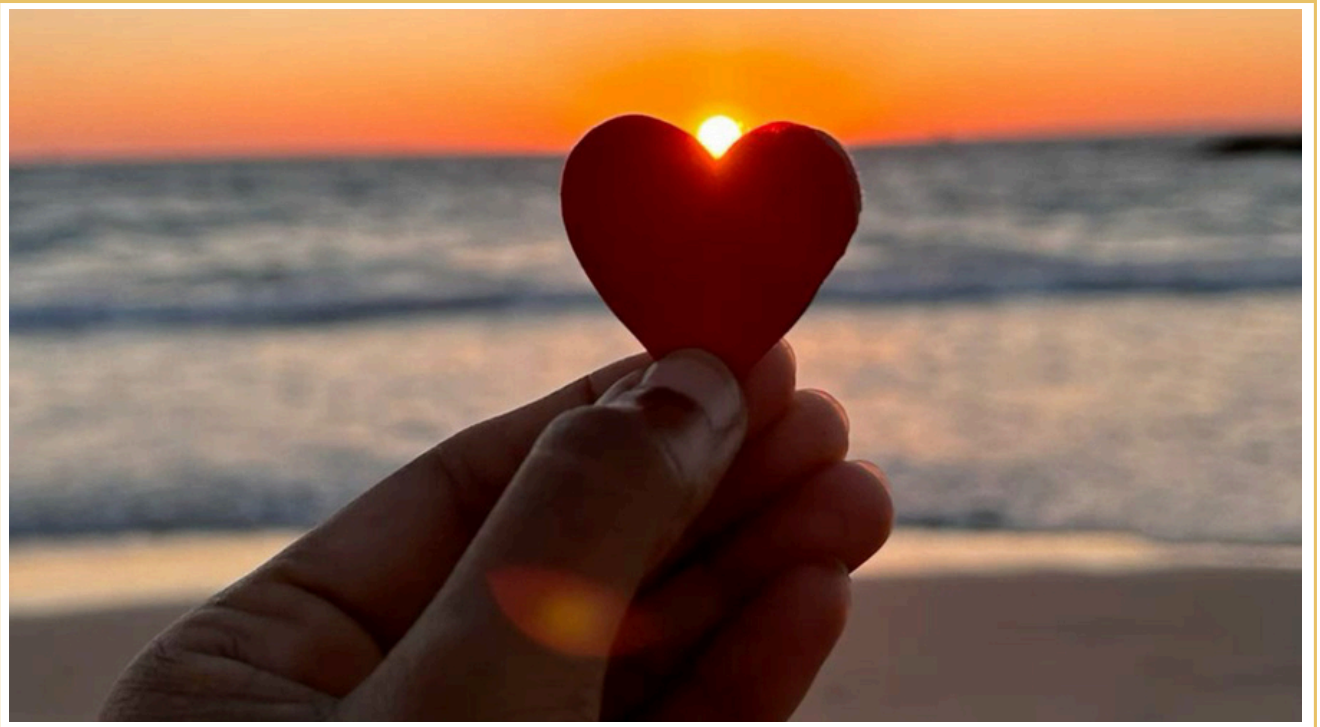
Hi, I'm Melissa!

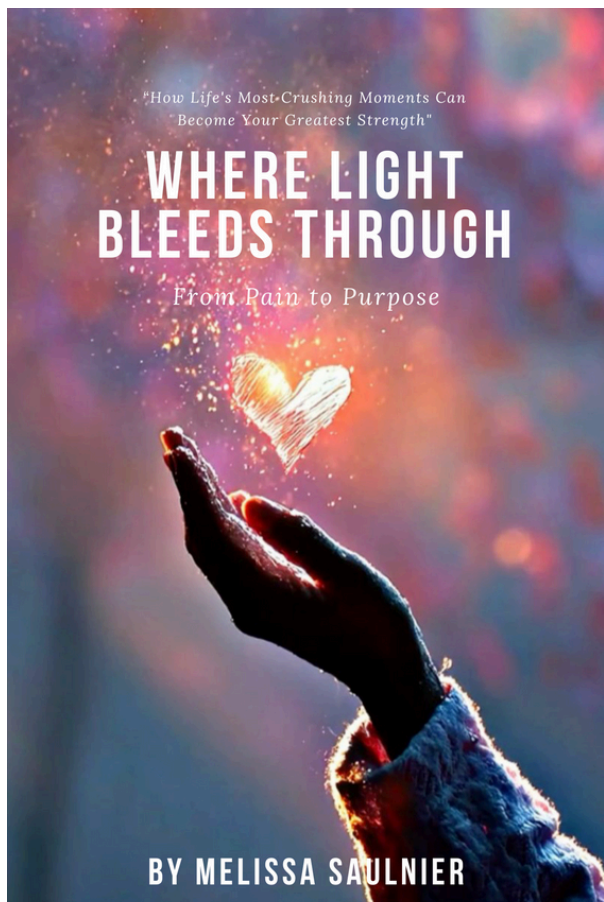
AUTHOR AND SPEAKER

ABOUT MELISSA:

Melissa Saulnier is an author and speaker who transforms pain into purpose through her powerful testimony of survival and triumph. After escaping thirty-three years of abusive marriages, she rebuilt her life from financial ruin to independence, pursuing education and her writing career in her fifties.

Her book "Where Light Bleeds Through" chronicles her journey from crushing to flourishing, offering hope to women who feel trapped by their circumstances. Melissa speaks with raw honesty about family and domestic abuse, financial recovery, overcoming shame, and discovering your authentic voice. Her message: your breaking points can become your breakthrough moments, and your story isn't over.





WHERE LIGHT BLEEDS THROUGH A MEMOIR BY MELISSA SAULNIER

Melissa combines vulnerability with strength, pain with purpose, and practical wisdom with spiritual insight. She addresses topics including recognizing and escaping abuse, rebuilding after betrayal, overcoming financial devastation, silencing shame, and discovering your authentic voice after years of being told who you should be.

Target audience specifics

Domestic abuse survivors

Women in crisis

Testimonials

“

"Melissa doesn't just tell you it gets better, she shows you exactly how she made it better, and gives you permission to believe you can too."

“

"Melissa doesn't sugarcoat the hard stuff. Toxic families. Financial ruin. Loneliness of starting over. Her chapter on grace alone, how to forgive without becoming a doormat, is worth the price."



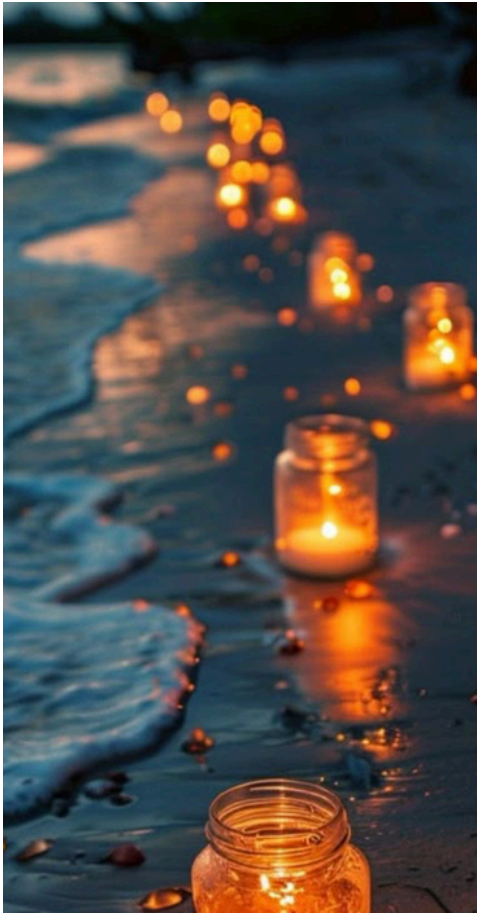
GROUP STUDY INFORMATION (HOW MANY SESSIONS, WHAT'S INCLUDED):

◆ **Authentic Honest Recommended**

Melissa Saulnier's manuscript is a masterclass in narrative vulnerability. Each chapter weaves personal stories, honest, raw, and unembellished, with metaphors that serve not as ornament but as scaffolding for truth. The grape-to-wine analogy in Chapter 1, for instance, deepens the reader's understanding of suffering, not just as an event, but as a transformative process. These stories build empathy, invite reflection, and create connective tissue between the author's trauma and the reader's own.

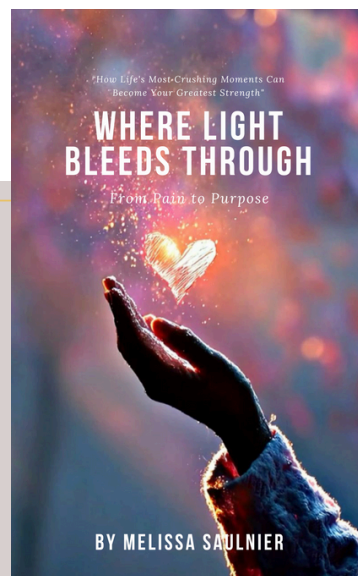
Melissa Saulnier's words speak directly to the bruised parts of the reader's spirit. Her candor invites introspection, not in a way that burdens the reader, but in a way that comforts and encourages. Many readers will feel seen. Many will feel less alone. Many will reconsider what it means to heal, to forgive, to stand. Each chapter is a call to reflect without pressure, a conversation rather than a sermon.

CONTINUING THE TRANSFORMATION



Melissa Saulnier's writing is not just cathartic, it is constructive. She reclaims her story not to gain attention but to give others courage to reclaim theirs. Her words act like a steady hand on the reader's back: not pulling, not pushing, just present. She turns her suffering into service, her healing into hospitality. That is the power of authors at their best.

Where Light Bleeds Through meets and exceeds the standards expressed in The Power of Authors. Its voice is human and humble. Its message is urgent but never aggressive. Its purpose is to restore, not to impress.



GET IN TOUCH

AuthorMelissaSaulnier.com

Options

Topic Selection

- ☐ “Where Light Bleeds Through” - Finding purpose in pain and transformation through life’s crushing seasons
- ☐ “From Crushing to Courage” - How adversity becomes the catalyst for extraordinary living
- ☐ “Breaking Free from Ordinary” - Overcoming limitations and choosing extraordinary
- ☐ “From Teacup to Orchard” - Finding the space to flourish outside the borders
- ☐ “Mentality Renovation” - Transforming your thinking to create your future
- ☐ “Standing Firm” - Maintaining your worth when others try to define you
- ☐ Custom Topic:_____

Book Sales at Events

- On-site book sales table with personalized signing opportunities
- Pre-event book sales to attendees at discounted rates
- Digital book promotion to registrants prior to the event

Professional Fees & Investment

Keynote Speaking (45-90 minutes): \$500

Workshop/Breakout Sessions (2-4 hours): \$500 - \$1,000

Half-Day Intensive (4-6 hours): \$1,000 - \$1,500

Full-Day Conference (6-8 hours): \$1,500 - \$2000

Fees include presentation development, and standard AV requirements.

Fees do not include travel time. Custom content development or multi-session engagements may require additional investment.

2026 Availability & Booking Timeline

Prime Available Dates:

- Spring 2026: March 15 - May 30 (conference season)
- Fall 2026: September 1 - November 15 (retreat season)
- Winter 2026: January 15 - February 28 (planning season)

Limited Availability:

- Summer months (June-August): Family commitments, prefer local/regional engagements
- December: Holiday season, available for special year-end events only
- Major holidays and surrounding weeks

Booking Timeline Preferences:

- Optimal Booking Window: 6-12 months in advance
- Minimum Notice: 90 days for custom content development
- Rush Bookings: Available with additional coordination fee
- Annual Contracts: Preferred for recurring engagements with advance planning



FROM CRUSHING TO COURAGE

4-45 MINUTE SESSIONS

Session

This session explores how life's most painful experiences often serve as the "crushing" process that transforms us into something more valuable than we were before. Like grapes that must be crushed to become wine, our suffering can produce something beautiful, if we choose the right response to the pressure.

The Wine-Making Process of Life:

The Alchemy of Transformation:

The Choice in Crisis:

Reclaiming Your Ground:



BREAKING FREE FROM ORDINARY

5-45 MINUTE SESSIONS

Session

This session explores the revelation that extraordinary people set their own trends, create their own categories, and write their own rules transformed how I approached every aspect of my life. While choosing extraordinary brings conflict and resistance from those still trapped in ordinary thinking, it also brings the profound satisfaction of living authentically aligned with our highest potential.

Examining Your Current Identity:
Breaking Free from Fixed Identity:
The Prison of Status Quo:
Liberation from Limiting Patterns:
Creating Your Own Path:



FROM TEACUP TO ORCHARD

5-45 MINUTE SESSIONS

Session

This session explores the courage to leave familiar but limiting environments, to endure the temporary shock of transplanting, and to build ecosystems where everyone can thrive, these became the hallmarks of authentic flourishing. The greenhouse of protected but stunted existence gave way to the wild, risky, beautiful reality of orchard living, where purpose grows freely and potential knows no bounds.

Environment Determines Growth:
From Teacup to Orchard Thinking:
The Courage to Transplant:
Building the Right Ecosystem:
From Greenhouse to Orchard:



MENTALITY RENOVATION

5-45 MINUTE SESSIONS

Session

This session explores that mental renovation isn't about adding more positive thoughts to a broken system; it's about completely rebuilding the infrastructure of how we think. This fundamental shift from past mentality to future thinking became the foundation upon which every other area of my life could be rebuilt. Here are the essential truths that can guide your own mental renovation.

The Leaky Mind Problem:
Thoughts Are Choices, Not Weather:
The Mental Renovation Process:
Installing New Mental Operating Systems:
The Container That Holds:



STANDING FIRM

5-45 MINUTE SESSIONS

Session

The most profound realization was that sometimes our lowest moments aren't punishment but preparation, isolation isn't abandonment but incubation, and struggle isn't failure but refinement. Standing firm in the face of such toxicity isn't about proving others wrong, it's about refusing to let their limitations define your reality and trusting that truth has a way of surfacing while your authentic self will always outlast any fictional version they create.

The Violence of False Narratives:
Worth Independent of Others' Stories:
The Shallow Judgment of Financial Status:
The Danger of Exploiting Vulnerability:
Standing Firm in Truth:

Book Chapters

Introduction 2

Chapter 1: Crushing 6

Chapter 2: Recovering 14

Chapter 3: Barriers 25

Chapter 4: Flourish 38

Chapter 5: Mentality 51

Chapter 6: Restoration 64

Chapter 7: Strategy 78

Chapter 8: Treasures 90

Chapter 9: Shame 102

Chapter 10: Courage 114

Chapter 11: Longing 126

Chapter 12: Time 138

Chapter 13: Creativity 150

Chapter 14: Extraordinary 162

Chapter 15: Identity 175

Chapter 16: Standing 188

Chapter 17: Grace 199

Conclusion 205

*"How Life's Most Crushing Moments Can
Become Your Greatest Strength"*

WHERE LIGHT BLEEDS THROUGH

From Pain to Purpose

BY MELISSA SAULNIER